

ICO MATTERS

WINTER 2021 • V20 ISSUE 2

VOSH

Through the Years

+

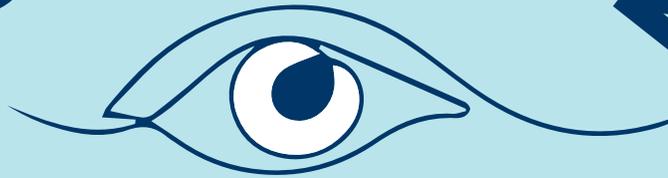
Remembering Dr. Newton K. Wesley

MAGAZINE OF THE ILLINOIS COLLEGE OF OPTOMETRY



150 YEARS

ICO CLASS OF 2025



1,009
Applicants

Admissions
117 Enrolled

432
Interviewed



undergraduate Majors

Biological Sciences - 65%
Health Sciences - 11%
Chemistry - 5%
Psychology - 3%
Other - 9%

Cumulative GPA

Distribution

>3.70	18%
3.50 - 3.69	26%
3.20 - 3.49	26%
3.00 - 3.19	15%
<2.99	15%



Gender

Female - 76%
Male - 24%

Ethnicity

Asian/Asian American - 41%
Caucasian - 40%
Black/African American - 8%
Multiracial - 8%
Hispanic - 3%

Age Range

21 - 46

Mean Age

24



Testing

309
mean OAT total science

3.40 mean GPA

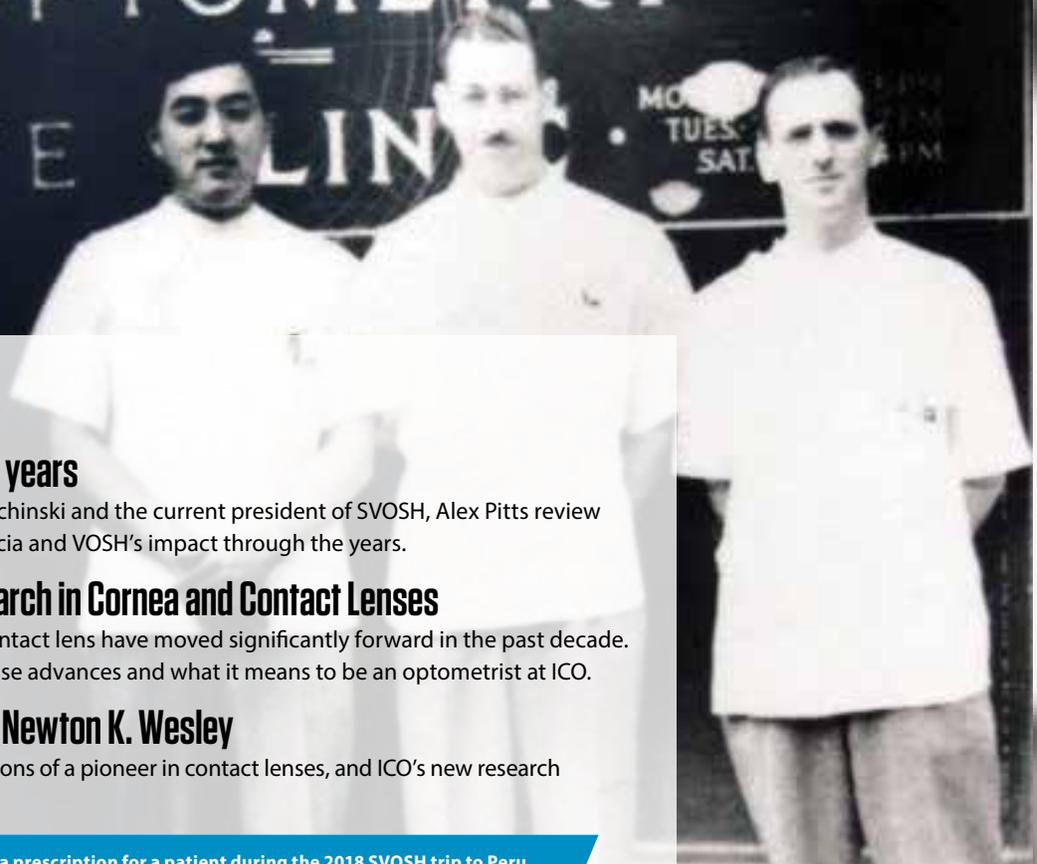
Countries Represented



- United States
- Canada
- China
- Hong Kong
- Iran
- Mongolia
- Nigeria
- Taiwan

OPTOMETRY

EYE LIN



Features

22 VOSH through the years

After a long hiatus, Dr. Matchinski and the current president of SVOSH, Alex Pitts review VOSH's recent trip to St. Lucia and VOSH's impact through the years.

28 Dr. Harthan: Research in Cornea and Contact Lenses

Advances in cornea and contact lens have moved significantly forward in the past decade. Dr. Harthan touches on these advances and what it means to be an optometrist at ICO.

30 Remembering Dr. Newton K. Wesley

We reflect on the contributions of a pioneer in contact lenses, and ICO's new research suite named for him.

On the Cover: A student dials-in a prescription for a patient during the 2018 SVOSH trip to Peru.

ICO MATTERS

WINTER 2021 • V20 ISSUE 2

EDITORIAL

Sr. Director for Strategy and Administrative Technology Management
Milissa Bartold, MA

Director of Marketing and Communications
Nora Matland

Creative Services Specialist/Sr. Graphic Designer
Brian Holloway

Contributing Writers
Milissa Bartold, MA, Nora Matland, Sheila Quirke, and Natalie Bobrowska

ICO Matters is the alumni magazine of Illinois College of Optometry. It is published twice per year.

Contact *ICO Matters* at communications@ico.edu

© 2021 Illinois College of Optometry

icomatters.ico.edu

ADMINISTRATION

President
Mark K. Colip, OD '92

VP for Strategy and Institutional Advancement
Leonard Messner, OD

Dean of Student Affairs
Erik Mothersbaugh, OD '12

Senior Director of Continuing Education, Events and Alumni Engagement
Elizabeth Grantner

Senior Director for Development and External Affairs
Matthew Ascitutto, MS

Departments

03 President's Message

04 Meet ICO's New BOT Chairman

06 In Focus

14 White Coat Lookback

18 Close Up

26 Trending

32 Class Notes/In Memoriam

34 Vault

IBC Datebook

BC Last Look

CELEBRATING 150 YEARS OF EXCELLENCE IN OPTOMETRY

ICOOE



watch for festivities and celebrations in **2022**



President's Message

As our winter quarter gets underway, it's hard to believe how quickly time moves. We have welcomed the Class of 2025 and coated the Class of 2024 in person. We sent the Class of 2022 out on externships and oriented the Class of 2023 to a clinically intensive year in the IEI. The academic cycle is in full swing.

Along with many of you, I was hopeful that by this fall things would be back to normal. Rather, we are finding that adapting is our new normal. I am proud of how well our ICO community has adapted over these last months. We relied on the science and kept focused on our mission, and we've continued moving forward for our students and our patients.

What these last several months have shown is that we are a community that comes together to get things done. We remember why we do what we do every day. When obstacles arise, we collaborate to find new solutions.

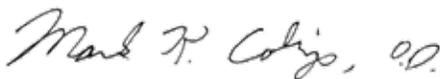
The end of another calendar year is always a time for reflection and introspection. For ICO, we find ourselves in a unique moment of time. 2022 will usher in our 150th anniversary year. Over those years, ICO has been a part of optometry in the United States from the very beginning, and we are proud to call many of the pioneers in the field, our faculty, alumni and friends.

In this issue, we will focus on one such thought leader, Dr. Newton K. Wesley, OD, MD, SCD who is known as a pioneer in modern contact lens technology and early orthokeratology. From there, we will get a glimpse of where ICO is at today as we advance our research in cornea and contact lens with our own Dr. Jennifer Harthan, OD, FAAO, FSLs. Our rich history informs our innovations in the profession as we advance the thought leadership that has been part of the fabric of ICO from the start.

This 150th year will be a time of celebration and a time of reflection. Our history informs us, but we know that we also must be forward thinking and focused on how we can work together to continue to be leaders in optometric education and healthcare and innovators within the profession. From new technologies to new understandings and awareness of the richness of our diversity, we know our path forward is to keep our mission in sight and prepare to usher in a new century of service to our students, our patients and our community.

I hope to have the opportunity to see you at the various events that will unfold in this upcoming year. You are an important part of our ICO community and the advancement of our mission beyond our walls. My hope for you and your families is that as this year draws to a close, you find the time to reflect on the good things this past year has brought and be reenergized to begin a new year full of possibilities.

Warmly,

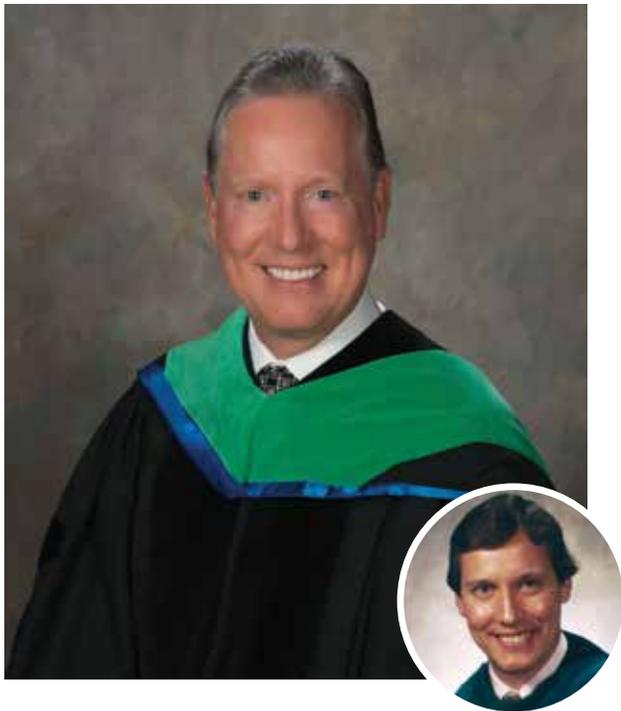


Mark K. Colip, OD '92



Mark K. Colip, OD '92

Dr. Dwight Akerman



Getting to Know ICO's New Chair of the Board of Trustees

How did you choose to study at ICO?

That was a straightforward decision for me because my father was a graduate of the Illinois College of Optometry – actually, he was a graduate of Monroe College of Optometry, a predecessor to ICO. I was around optometry since I was a child and understood what it was to be an optometrist and how you could help people and change their lives. I saw how delighted and enthusiastic my father was to go to work every day. That's hard to do when you're seeing patients for fifty years, but he loved optometry.

How has being an ICO alum shaped your career?

The mission of ICO is to develop highly-qualified clinical optometrists through excellence in optometric education. ICO has a national reputation for having the finest clinical training. I believed that when I entered ICO in 1976, and I believe that today. It was that training that shaped my interest in addressing unmet patient needs. Although most of my career was spent in the ophthalmic industry, I feel that my training at ICO helped shape my contributions to the development of new medical devices and new pharmaceutical agents that address unmet patient needs.

What factored into your decision to join the Board of ICO?

I lived and worked in Chicago for many years and had a close relationship with ICO. Wesley-Jessen, where I worked for ten years, was an externship site for ICO, so I supervised fourth-year students who rotated through our primary care clinic. I was also frequently invited to provide guest lectures and had excellent relationships with the administration and faculty members. During my time at Wesley-Jessen, I learned about the Board of Trustees and their responsibilities for governance and oversight. I said to myself, 'Someday,

Following in his father's footsteps at ICO, **Dwight Akerman, OD '80**, reflects on how the school has shaped his career, the institution's mission, and its greatest strengths and challenges as North America's oldest college of optometry moves forward into its 150th anniversary. Dr. Akerman is the Chief Medical Editor at the **Review of Myopia Management** and recently retired from his role as Vice President and Global Head of Professional Affairs & Business Development at Alcon.

Interview with: Sheila Quirke

I want to give back.’ That opportunity finally came for me – to give back my time, my knowledge, and my expertise to the betterment of ICO. It has been a wonderful experience.

As ICO prepares to mark its 150th anniversary, what is your vision as we approach this milestone? What are your hopes for your own role in this moment?

Celebrating 150 years is momentous. I feel so blessed to be Chairman of the Board during this time. I reflect upon where ICO has been and where ICO is going. Many challenges are facing ICO as we move forward regarding student enrollment. The pool of undergraduate applicants is diminishing, which is a concerning development, and more optometry schools are on the horizon with greater competition for students.

As we enter 2022, I want to lead and stimulate innovation at ICO. Innovation will be one of the cornerstones of my chairmanship, especially in recruiting highly-qualified undergraduate students. We need to continue to innovate to ensure we have the pick of the very best students.

What are the unique opportunities you see for today’s practitioners?

When I graduated in 1980, virtually every graduate went into a traditional private practice. Today is very different. There are so many opportunities for the graduates of ICO. While traditional private practice is still a viable option, many modes of practice now seek ICO graduates. More ophthalmology clinics recognize the value of having optometry provide primary eyecare. And the ophthalmic industry, the career route I took, is hiring more optometrists than ever before in professional and medical affairs to marketing to medical safety to R&D – the opportunities abound.

If you had a direct call to action to ICO alumni in this 150th year, what would it be?

The alumni base of ICO must now, more than ever, step up and support ICO. It is challenging to ensure we are attracting, enrolling, and keeping the very best students. Whatever successful situation our alumni are in, they wouldn’t be there without the training they

received at ICO. I really want to motivate alumni to give back to thank ICO.

I would also encourage alumni to mentor and influence students who they may know. Alumni are very influential in recruiting and attracting students. Do everything you can to educate, and motivate students into the profession of optometry and to attend ICO.

Any final thoughts?

ICO is going to continue to excel and provide the finest clinical optometric education in North America. In my role as Chairman of the Board, I hope to provide stewardship, governance, oversight, and help motivate us to continue to innovate and bring ICO to the very next level.

Board of Trustees

Dwight H. Akerman, OD '80, MBA, FAAO – *Chairman*

Vasvi A. Babu, OD '93

Rev. Torrey L. Barrett

Joseph L. Derezinski, MS

Kevin A. Danahey, OD '91

Karen A. Eng, OD

Robert L. Fait, OD '68 – *Secretary*

Dwain L. Hahs – *Treasurer*

Philip J. Hasler, OD '86

Scott A. Jens, OD '91, FAAO

Jeffrey D. Johnson, OD '97, MBA

Oswaldo I. Lopez, MD

C. Michael LoPiano, MBA

Tracy L. Matchinski, OD '95, FAAO

Nana Owusu, OD '08

Steven Schneider

Jeff Smith, OD '83, MBA – *Immediate Past Chair*

Timothy H. Tsang, OD '06, FAAO

Student Representative

Rachel Shackelford '23

Emeritus Trustees

James R. Butler, OD '59

Donovan L. Crouch, OD '63, FAAO

In Focus

Welcome Class of 2025

This August our newest class arrived at ICO. They have gone through orientation and participated in ICO Olympics. Now already fully immersed in their second quarter, they're only a few quarters away from performing eye exams on their own. They have started the Clinical Assistant Program, and we've already heard from many how excited they are to get into clinic.



President **Mark K. Colip, OD '92** meets with all incoming students in small groups during orientation.



ICO's orientation team.



A few shots from move-in day.



ICO students welcome the return of ICO Olympics.

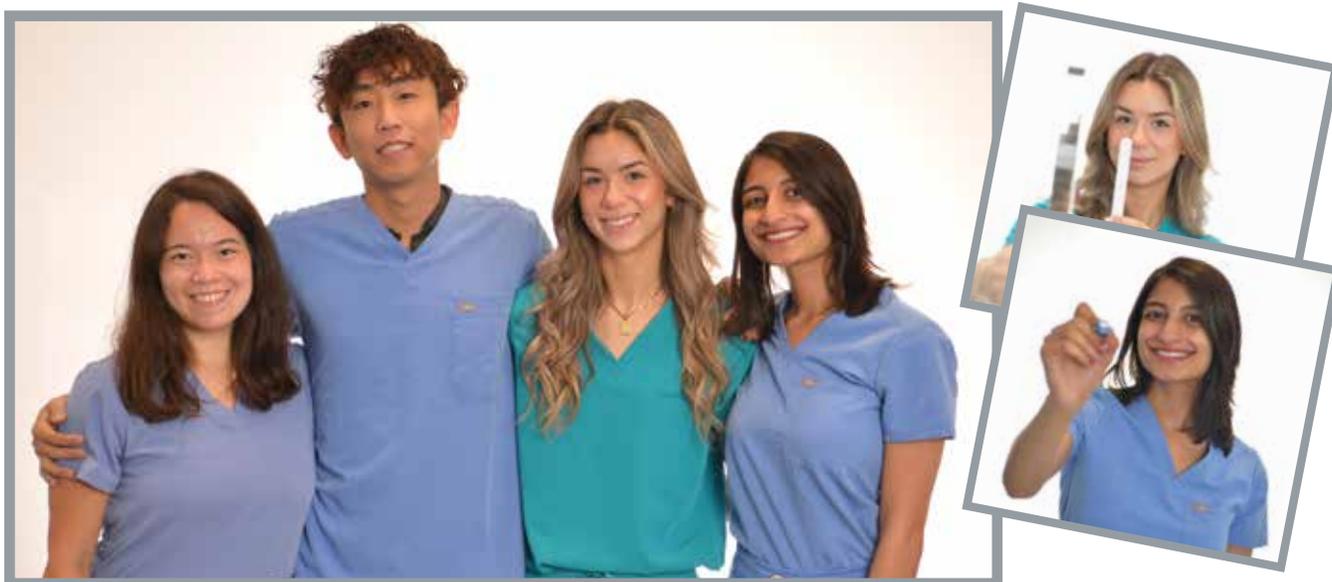


ICO students participate in human foosball.

Summer Research Program

Summer 2021 saw 4 ICO Students participate in our Summer Research Program. **Rachel Breliant '24** worked on the short-term effect of low dose atropine on vergence; **Manisha Parikh '24** studied meibomian gland atrophy and dry eye measures in the pediatric population using the keratograph 5M. **Daniel Park '24** explored the effects of

korean red ginseng on dry eye disease. **Christina Wentz '24** studied the effect of short wavelength filter with and without antireflective coatings on reading comfort and eye movements. Special thanks to program mentors **Yi Pang, MD, OD, PhD**; **Jennifer Harthan, OD '06**; **Rebecca Zoltoski, PhD** and **Janis Winters, OD '91**.



ICO Vaccine Clinic

Over the course of the summer and fall, ICO partnered with the Illinois Department of Public Health to host several COVID-19 vaccine clinics for our community. The clinics served both members of the ICO community and members of our local community in receiving their initial course of vaccine, as well as providing boosters to eligible individuals. It's been exciting to see ICO take such an active role in this very important public health initiative for our Bronzeville neighborhood.



In Focus

ICO Website Redesign

Don't forget to visit ico.edu in the new year for a completely new website.

We wanted a website that better reflected the vibrancy and the warmth of our community, and we believe this one does. This site lets you learn about our community through pictures, through video clips, and of course through the words of our wonderful students, faculty and staff.



Welcome New Residents

2021-2022 Residents have been here for nearly six months! They're teaching, precepting and deepening their knowledge even further. Needless to say, they are on their way to becoming leaders in the field.

To learn more about life as an ICO resident, check out the Close Up we did on **Alyssa Lancaster, OD '21** later in this issue.



Vision Screenings Throughout Chicagoland

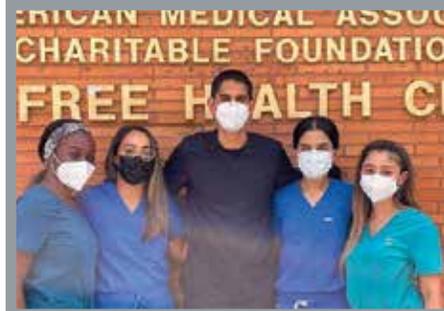
With more and more events happening in Chicago these days, ICO students, faculty, and staff have participated in vision screenings and health fairs both big and small throughout the community. In the past quarter alone, our students provided vision screenings for DePaul sports and the Indian American Medical Association Health Clinic, hosted two clinics at Brighton Park Elementary School, participated in the 17th Annual Family Health & Fitness Fair on the IIT campus, and the Cook County Commissioner Lowry's Inaugural Men's Health Fair. They even volunteered during Chicago's marathon handing out water bottles! We are proud to see so many of our faculty, students and staff go out and give back to the community.



Dr. Beckerman with ICO students at the DePaul Vision Screening.



17th Annual Family Health & Fitness Fair was held by Senator Mattie Hunter on the IIT Campus.



Indian American Medical Health Clinic



Chicago Marathon



The group of SVOSH volunteers who attended the vision screening at Brighton Park Elementary.



ICO Voices

Students from so many different backgrounds choose ICO. To highlight the many diverse perspectives, we have launched ICO Voices. ICO Voices provides a platform for students to talk about their experience and their history, and how this has helped them define who they want to be as practicing doctors. Throughout the year, we will add to these stories and continue to provide perspectives on the many reasons students choose to be a Doctor of Optometry. Make sure to visit our YouTube channel to learn more.



(L-R) Ericka Garcia '22; Melissa Cáceres, OD '21, and Aitana Marquez '23 are the latest to be featured in ICO Voices.

“So none shall lack for proper care”

In conjunction with a newly redesigned website, we have put together a short film that reflects our values. “So none shall lack for proper care” looks at our commitment to our community, to our patients and to one another. View on YouTube and our newly launched website: ico.edu.



America's Best Eye Doctors

Congratulations to our own **Leonard Messner, OD** and to the 10+ ICO alumni and residents who made *Newsweek's* list of top optometrists in the US.

Newsweek's criteria included doctors who had earned the most respect from their peers in three categories: the quality of care they provide, the continuity of care, and the quality of the technology they use in their practices.



Dr. Messner reviews a case with one of the ICO residents and ICO fourth years.

Over 2,000 Patients Served in St. Lucia

After nearly a three-year hiatus, ICO students joined their VOSH counterparts to provide much needed eye healthcare for communities in St. Lucia. Alongside ODs, OMDs and opticians, 17 third and fourth year ICO students provided eye exams, prescribed glasses and made referrals. In one day alone, this group saw over 302 patients, and referred several patients to on-site ophthalmologists for SLT and PRP

procedures. The diseases ranged from neovascular glaucoma to cataracts with diabetic retinopathy being the most common disease they diagnosed. It's always amazing to see the impact a dedicated group of motivated individuals can have. Great job, ICO!



ICO Shines at Academy

At the recent Academy meeting, ICO had a total of 39 posters (nine of which were student presentations), seven continuing education lectures, and three paper presentations. A special congratulations to **Dr. Michael Chaglasian** who received the Distinguished Service Award from the Optometric Glaucoma Society during their 20th annual scientific meeting.

Several past residents and faculty members also achieved fellowships. Congratulations to **Greta Gregg, OD '19** and **Chelsea Bradley, OD** for receiving their Academy Fellowship at the meeting. Congratulations also to our residents **Pedram Pourhosseini, OD '20; Negar Sohbat, OD '20; Alessandra Roa, OD '20; Steven Huynh, OD; Jessica Jankiewicz, OD; and Megan Byer, OD** all of whom achieved fellowship this year.

And of course, congratulations to the ICO student team who won 4th place at the Essilor Academic Challenge.

ICO, you've made us proud!



ICO students **SJ Lee '22, Shayna Mellesmoen '23, and Reneta Simeon '24**, represented ICO at the annual Essilor Academic Challenge.



Dr. Chaglasian received the Distinguished Service Award.

Alumni Association Award Recipients - 2021

ICO is proud to honor and recognize our 2021 ICO Alumni Association Award recipients. The criteria for each award involves one or more of the following attributes:

- Service and leadership on the ICO Alumni Council
- Extensive leadership, support and service to the College and the optometric profession
- Excellence as a faculty member and scholarly contributions to the profession
- Humanitarian efforts in the recipient's home state, country and abroad
- Accomplished career and outstanding commitment and dedication to the College and to the profession

We appreciate the many ways our alumni and friends have represented and supported the College, the community, and the profession. **Congratulations to our 2021 awardees!**

Lifetime Service Award



Sandra S. Block, OD '81, MEd, MPH, FAAO, FCOVD, FNAP
Morton Grove, IL



Sandra S. Block, OD '81, MEd, MPH, FAAO, FCOVD, FNAP is a Professor Emeritus at Illinois College of Optometry, Global Clinical Advisor and consultant to the Special Olympics Lions Clubs International Opening Eyes program, and co-chair of the National Center for Children's Vision and Eye Health. Dr. Block received her OD degree (1981) and Pediatric Residency (1982) at the Illinois College of Optometry where she is a faculty member. She completed her Master of Education at National Louis University and her Master of Public Health from the University of Illinois, School of Public Health. She is a Diplomate in Public Health and Environmental Vision at the American Academy of Optometry and a Distinguished Fellow of the National Academy of Practice. She sits on the Prevent Blindness Board of Trustees and has recently joined the VISION 2020 USA Board of Directors.

She has been a consultant to the Special Olympics Lions Clubs International Opening Eyes program since 1995 and has been instrumental in developing the vision program globally. Her interests lie in primary care for children and persons with disabilities, as well as diagnosis and treatment of visually related learning problems as well as public health issues facing the equity and quality of eye care delivery.

Dr. Block has authored numerous publications and conducted presentations worldwide. She is currently President-Elect of the World Council of Optometry and is past co-chair of the National Center for Children's Vision and Eye Health.

How to Nominate Someone

Award Nomination Process

January – March (annually)

Submit your award nomination as follows:

- Send an email to the ICO Alumni Office at alumni@ico.edu
- Include the name of the person you are nominating, the name of the award, and documentation supporting your nomination.

All nominations are compiled by the Alumni Office staff and are presented to the ICO Alumni Council for deliberation during their annual spring meeting. Successful candidates are contacted by the President of the Alumni Council, and award presentations are made during ICO's homecoming in the fall of each year.

Alumnus of the Year Award



Nicholas Colatrella, OD '96
Sartell, MN



Nicholas Colatrella, OD '96 is the medical director and owner of PineCone Vision Center in Sartell and St Cloud, MN. Dr. Colatrella received his Bachelor of Science degree from Old Dominion University in Norfolk, VA, and his Doctor of Optometry with honors from the Illinois College of Optometry in Chicago. He completed his residency in ocular disease at the Veterans Administration Medical Center in Cleveland, Ohio, and a mini fellowship in Cornea at Northeast Ohio Eye Surgeons.

Dr. Colatrella is a fellow in the American Academy of Optometry, past Chair of its disease section and a founding chair of the Anterior Segment Section. He was the first of two Diplomates in Anterior Segment Disease of the American Academy of Optometry. He is a member of the American Optometric Association, Past President of the Minnesota Optometric Association, and currently serves on the AOA Third Party Committee. He has been published several times and lectures nationally on various topics including OSD, dry eye, cataract surgery, pharmacology, corneal diseases and LASIK. He is an adjunct professor for several Colleges of Optometry, and routinely mentors optometry student externs and currently serves on the AOA Third Party Committee. He has also served on the Alumni Council and is a former Alumni Council president.

Other Award Winners



Young Alumnus of the Year Award
Tommy Elton, OD '11
Edina, MN



Humanitarian Award
Michael Ciszek, OD '93
Chicago, IL



Distinguished Friend Award
Seenu Hariprasad, MD
Chicago, IL



Excellence in Education Award
Joseph McCray, OD '75
Chicago, IL



Professional Achievement Award
Muriel Schornack, OD '98
Rochester, MN



Golden Gavel Award
Jeanette Varanelli, OD '97
Grosse Pointe Shores, MI

White Coat Ceremony²⁰²¹

From the Desk of:
Erik Mothersbaugh, OD '12
Dean of Student Affairs

A message to the Class of 2024:

For many years, our White Coat Ceremony has been hosted in fall of the first professional year. When the pandemic conditions in fall of 2020 prevented us from hosting this event, we had the chance to revisit the meaning of the White Coat Ceremony.

At its core, the donning of a White Coat is a symbolic gesture that frames the seriousness of undertaking a clinical program and the impact we have on our communities by being trusted with making medical decisions in their best interest.

Second professional year marks that time when our students move toward independent patient care. It seems most fitting that this becomes the time when the donning of the white coat takes on its true significance in the educational journey.

We are proud to recognize ICO Class of 2024 at this important milestone in their educational journey.



Ceremony



Download photos on ICO's Flickr page.



Dr. Colip welcomes the Class of 2024.

Coating



We extend a special thanks to the following alumni who coated students at the 2021 White Coat Ceremony:

- ① **Jakob Zigulis '24** coated by **Jeffrey Zigulis, OD '93** (father).
- ② **Anna Plant '24** coated by **Alyssa Parz, OD '15** (long-time mentor).
- ③ **Annika Crawford '24** coated by **Connie Crawford, OD '86** (mother).
- ④ **Christian Crawford '24** coated by **James Crawford, OD '86** (father).
- ⑤ **Claire Tashner '24** coated by **Michael Tashner, OD '93** (father).
- ⑥ **Liam Ferguson '24** coated by **James Ferguson, OD '92** (father).
- ⑦ **Ekta Patel '24** coated by **Pooja Patel, OD** (sister).

White Coat Ceremony





Video

Relive White Coat on ICO's YouTube Channel.



Close Up: Alyssa Lancaster, OD '21

*Interview by: Nora Matland
Photos by: Brian Holloway*

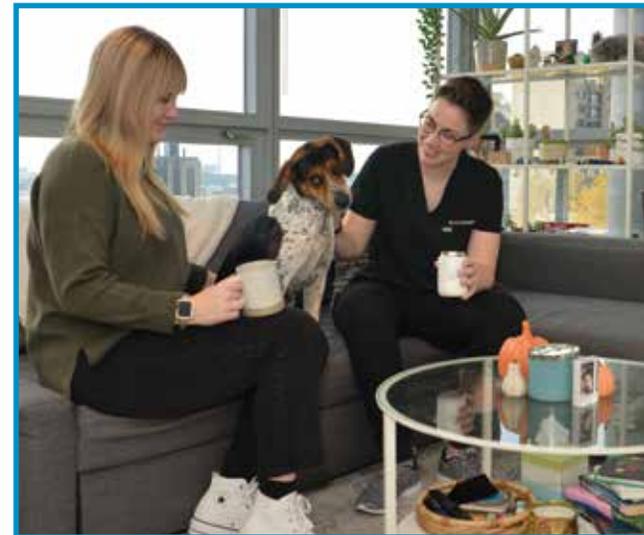


There are a lot of reasons **Alyssa Lancaster, OD '21** chose to do a residency at ICO, but foremost among them was the opportunity to continue treating patients in the IEI and to gain valuable teaching experience while helping current ICO students.

As a member of ICO's most recent graduating class, she externed in the midst of a pandemic and bravely kept her chin up when boards were cancelled hours before they were to take place. After four years as a Division I athlete at Siena College in upstate New York, she chose to return to the Midwest, drawn by the quality of care we provide at Illinois Eye Institute and our community's commitment to the neighborhood. "There is just no place that beats the ICO clinical experience," says Dr. Lancaster.

Now a resident in Ocular Disease/Primary Care, she balances her time between treating patients, precepting students, and serving as an instructor for the second-year labs. She is joined by nine other residents, many of whom are also recent graduates. "ICO students want to stay because they know how good the clinical experience is here," she says. As an Ocular Disease/Primary Care resident, Alyssa treats a wide range of patients with a variety of diseases. "Every day we are faced with new and challenging cases. We are proud to be treating the patients we see. Across the board, it's understood that we treat all patients equally. That commitment continues to draw me to ICO".

As a resident a lot of her time is spent in the IEI, but thankfully, after four years of optometry school she has a little more time for hobbies. She's joined a bowling league, is teaching herself guitar, and has picked up a few books for pleasure for the first time in many years. Whenever she can, she gets out with her dog and partner as well. Tater Tot, their beagle-coonhound mix, comes with them to concerts at Millennium Park, street food festivals throughout the city, and of course on their daily walks.



7:30 A.M.

"My partner is a third-year law school student and as an optometry resident, I also have a full schedule. So, it's important for us to find time either in the morning or in the evenings to be together."



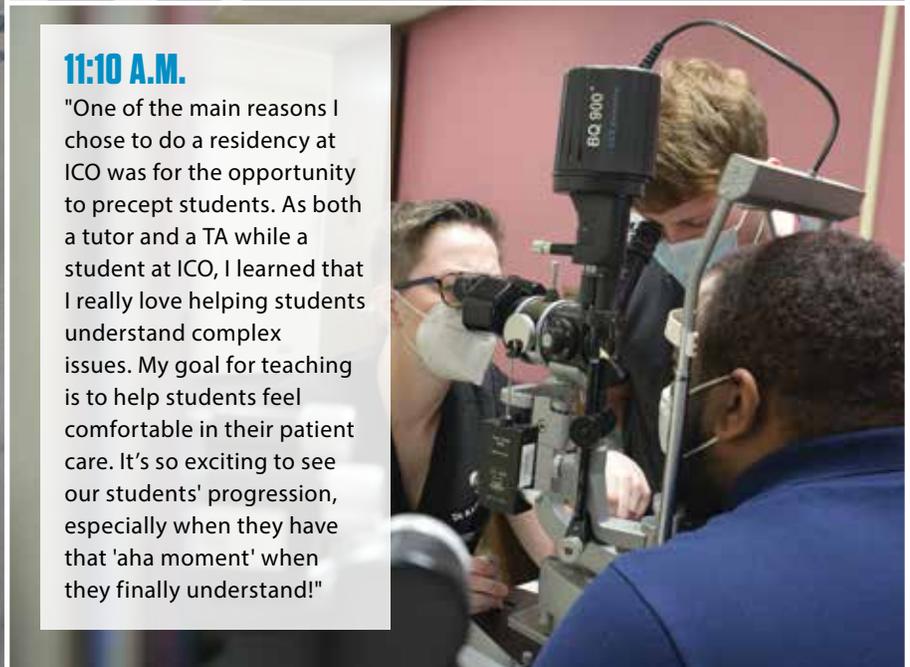
8:00 A.M.

"One of our favorite ways to get out is to take our dog, Tater Tot, for morning walks. It's a good way for both of us to decompress and distance ourselves from our busy day to days."



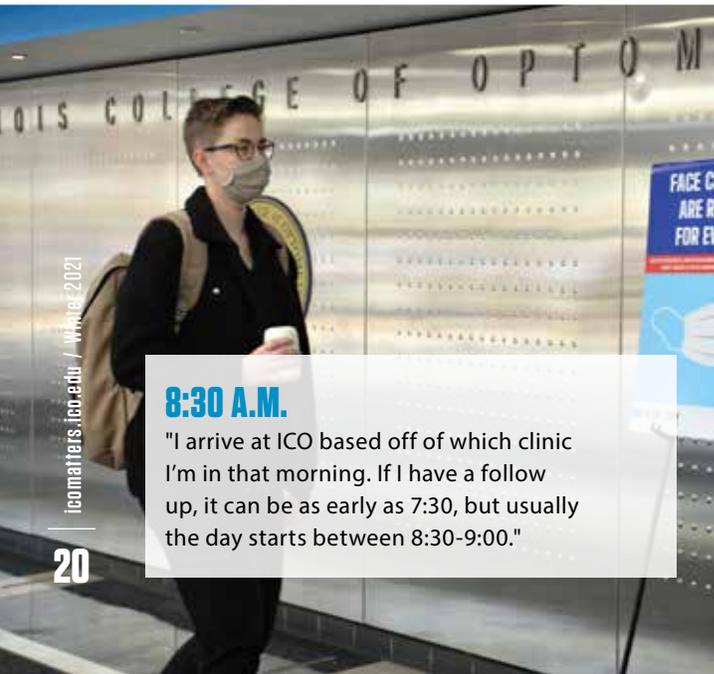
10:05 A.M.

"One of the best things about doing a residency at ICO is just how many brains I have to pick. If there is ever a question, I always feel like I have support not only from our attendings, but also from the other residents with whom I am very close."



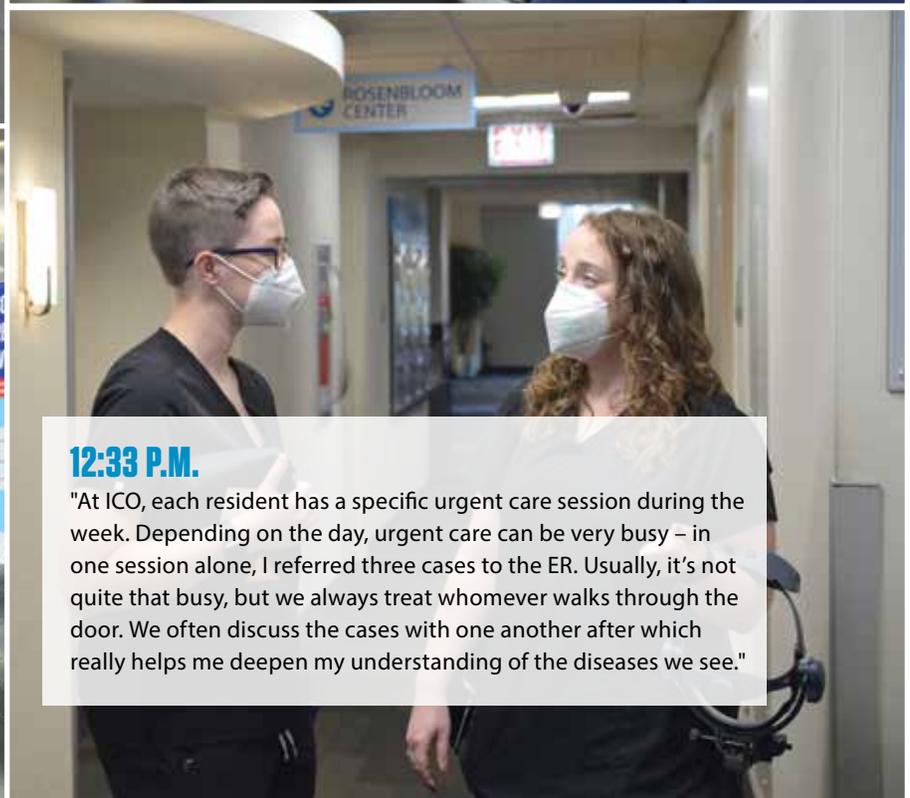
11:10 A.M.

"One of the main reasons I chose to do a residency at ICO was for the opportunity to precept students. As both a tutor and a TA while a student at ICO, I learned that I really love helping students understand complex issues. My goal for teaching is to help students feel comfortable in their patient care. It's so exciting to see our students' progression, especially when they have that 'aha moment' when they finally understand!"



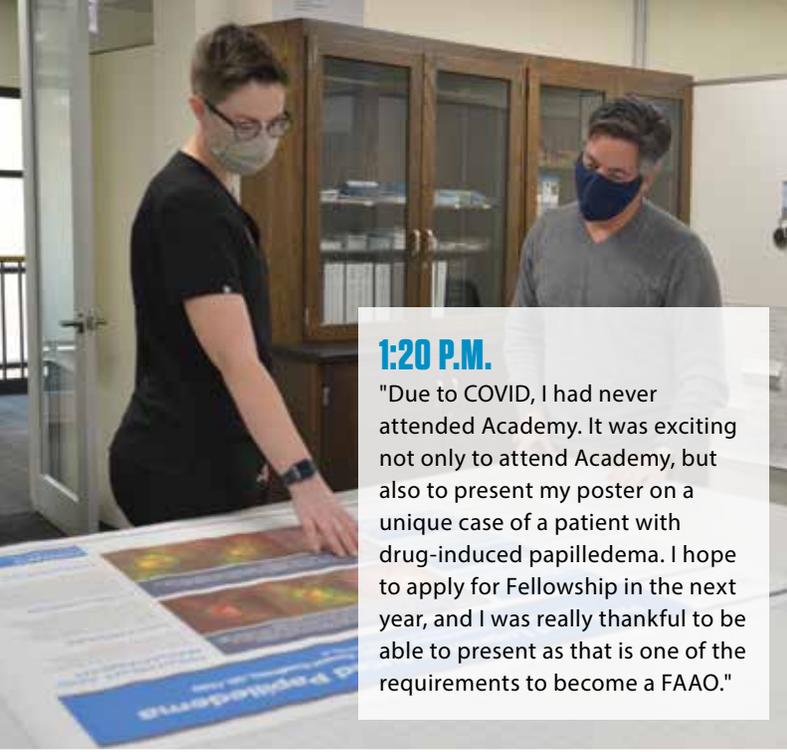
8:30 A.M.

"I arrive at ICO based off of which clinic I'm in that morning. If I have a follow up, it can be as early as 7:30, but usually the day starts between 8:30-9:00."



12:33 P.M.

"At ICO, each resident has a specific urgent care session during the week. Depending on the day, urgent care can be very busy – in one session alone, I referred three cases to the ER. Usually, it's not quite that busy, but we always treat whomever walks through the door. We often discuss the cases with one another after which really helps me deepen my understanding of the diseases we see."



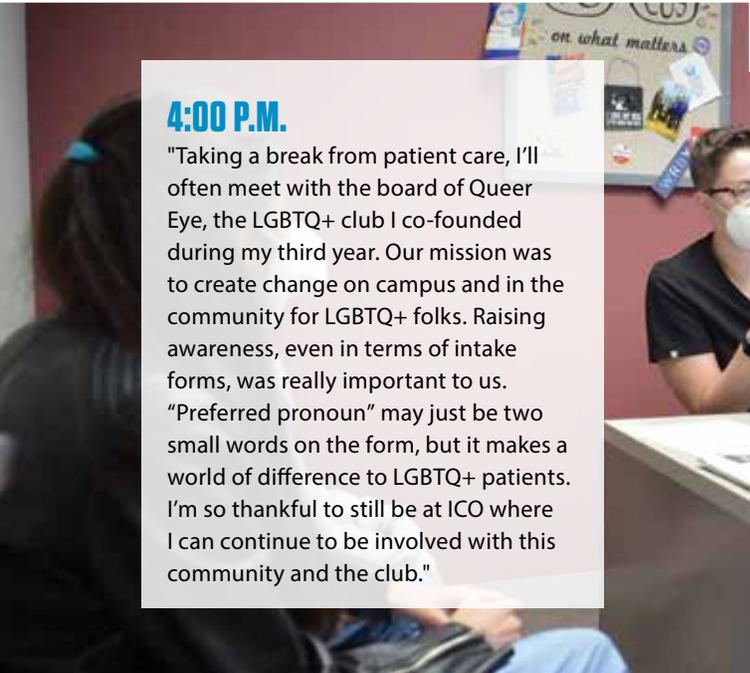
1:20 P.M.

"Due to COVID, I had never attended Academy. It was exciting not only to attend Academy, but also to present my poster on a unique case of a patient with drug-induced papilledema. I hope to apply for Fellowship in the next year, and I was really thankful to be able to present as that is one of the requirements to become a FAAO."



3:15 P.M.

"During my first year at ICO, I thought I would specialize in Pediatrics, but having spent four years experiencing the diverse cases I encountered convinced me that I wanted to be an Ocular Disease resident. I love interacting with children, though, and I didn't want to lose my gained knowledge during my residency so for the last two quarters, I've been in Peds once a week."



4:00 P.M.

"Taking a break from patient care, I'll often meet with the board of Queer Eye, the LGBTQ+ club I co-founded during my third year. Our mission was to create change on campus and in the community for LGBTQ+ folks. Raising awareness, even in terms of intake forms, was really important to us. "Preferred pronoun" may just be two small words on the form, but it makes a world of difference to LGBTQ+ patients. I'm so thankful to still be at ICO where I can continue to be involved with this community and the club."



4:30 P.M.

"As a resident at ICO, I am part of a strong team that works together to provide the best care possible for our patients. There's such a sense of camaraderie, and I really do feel that I have built a second "ICO Residency" family in addition to our much larger "ICO Family."

WVOSH and ICO

A Cycle of Service and Sustainability

By: Sheila Quirke



See highlights from ICO's SVOSH Mission Trip to Peru.

Alexander Pitts, OD '23, was an undergrad when he traveled overseas to attend a United Nations hosted conference on sustainable development in Vienna, Austria. A junior at the time, studying biology and global health at the University of Wisconsin–Madison, Pitts felt that unmistakable click of a career path falling into place while attending the conference, “I’ve always known I wanted to help people, but it was crazy to see collaboration on that global scale. It stuck with me.”

Fast forward a couple of years and Pitts was a first-year student at ICO when he learned about SVOSH (pronounced S-VOSH), the student branch of Volunteer Optometric Services to Humanity (VOSH). He signed on and is currently serving as the president of the ICO SVOSH chapter under the faculty advisement of **Tracy Matchinski, OD '95**, former president of VOSH/International (2017-2019). Both student and teacher are passionate about their efforts with the volunteer organization. Dr. Matchinski was introduced to VOSH by former ICO Dean and President, Dr. Alfred Rosenbloom.

The cycle of service and sustainability between the two organizations is a repeating one and their ties run deep. With roots dating back to 1970, VOSH seeks to “provide the gift of vision and quality eye health to people worldwide,” as detailed in their mission statement. This is done via international trips where VOSH and SVOSH volunteers travel to create pop-up clinics as

well as via local clinics, with a growing emphasis on partnering with already existing community organizations to help fulfill the mission. VOSH is well suited to support the efforts of individual chapters on both global and local scales, given this framework.

ICO student Pitts takes full advantage of those resources in his position as SVOSH president. After networking with a friend who is a social worker, Pitts identified a need within the Brighton Park community, a neighborhood on Chicago's Southwest side, roughly six miles from the ICO campus, which is 93% Latinx and has a per capita household income of just over \$13,000. It is a community of many Spanish speaking immigrants whose access to quality insured medical/vision care has been hit hard by the COVID pandemic.

Partnering with the Brighton Park Neighborhood Council (BPNC), and under Pitts' leadership and Matchinski's guidance, ICO's SVOSH chapter has facilitated two separate clinics hosted by BPNC. The clinics provided much needed eyecare to almost 250 neighborhood residents and have been a very welcome addition to this under-resourced community.

Brighton Park Neighborhood Council's Estela Diaz is grateful for the collaboration, "I was nervous about what mood the student doctors would be in, but they were so kind with a wonderful energy. Our families were afraid about language barriers, but the students tried so hard and were so respectful. I was amazed. You feel proud of the work you can do as a team."

Pitts, too, felt that sense of teamwork, "My goal with SVOSH was to get boots on the ground locally. I wanted to increase our local community service and we did that. Thirty to forty ICO students got great clinical exposure close to home, just a ten-minute drive from campus. The student volunteers got nothing but blessings and gratitude from this experience."

Pitts makes the point that the local clinic felt more like the VOSH sponsored international trip he took to St. Lucia in August 2021 than he would have imagined, "The scale was different, with St. Lucia helping over 2,000 patients during a week-long clinic, but the language barriers were similar. Both clinics were held in schools, both relied on local support, and the benefits for patients were the same."



Brighton Park 2021



Brighton Park 2021



Peru 2018

My goal with SVOSH was to get boots on the ground locally. I wanted to increase our local community service and we did that.

Alexander Pitts, OD '23



Peru 2018



Nicaragua 2011



icomatpitts.ico.edu / Winter 2021



Michael Ciszek, OD '93 (far left), was announced as VOSH's/ International President at this years annual meeting in October.

ICO Alumni who have served as VOSH President

1971-78 Franklin Harms, OD '50 (NICO)*
 1979-81 Russell Dorland, OD, FVI '50 (NICO)*
 1981-83 Bud Falkenhain, OD, FVI '38 (NICO)
 1983-85 Stephen B. Rose, OD '64
 1985-87 Thomas C. Henley, OD, FVI '71
 1987-89 Charles Gray, OD, FVI '58
 1989-91 Wayne VanderLeest, OD, FVI '79
 1991-93 James J. Hess, OD '79
 1993-95 Phil Freitag, OD '49 (NICO)*
 1997-99 Phil Hottel, OD '48 (NICO)
 2005-07 Ruth McAndrews, OD '79
 2007-09 Larry Hookway, OD, MS, FVI '82
 2017-19 Tracy L. Matchinski, OD, FAAO, FVI '95
 2021- Michael Ciszek, OD '93

*Deceased

One thing that was unique to the St. Lucia trip for Pitts was a clinical milestone he will not soon forget, “I actually saw the entirety of my Retina I course over two days of clinics! I even diagnosed a retinal detachment, something I was seeing for the first time. It is very cool to feel the direct impact of my education at work.”

Dr. Matchinski is a strong part of the thread that weaves between ICO and VOSH, making these clinics, both local and international, possible. “I see the lightbulbs go off for students,” she says, which is apparent in Pitts’ enthusiasm and the crossover between the two organizations. Dr. Matchinski is one of several ICO alumni who have served as president of VOSH International. In fact over half of VOSH’s presidents are ICO alumni, including the newly installed president, **Michael Ciszek, OD '93**. There is a parallel in the institutions, VOSH and ICO, that emphasizes the importance of leadership and providing humanitarian care.

Dr. Matchinski works to instill these values in her students at ICO, “There has been a huge evolution in the last twenty years at VOSH to partner with local eyecare providers, organizations, and health departments. VOSH is a grassroots organization, founded by optometrists, which tries to work with populations that do not have access to eyecare. We are a self-funded and neutral NGO (non-government organization), just trying to do good things. Helping all those in a community with particular attention to those who are known to be more vulnerable, including women, children,

people with disabilities, and those of a different ethnic background has been an important part of VOSH’s values. We should always make an extra effort when we know we are working with a vulnerable population.”

Another of the values foundational to VOSH is sustainability. There is a growing emphasis within VOSH/SVOSH chapters to ensure the efforts of their volunteers will be sustainable and not just a one and done clinic experience. By identifying and working with local organizations like the ones in Brighton Park and St. Lucia and others in countries including Peru, Ecuador, and Mexico, VOSH supports efforts to strengthen education for optometry students around the world. The goal is to shore up opportunities to recruit and train optometrists in all countries and provide global educational opportunities in optometry.

One of those educational opportunities was recently hosted by ICO on its Chicago campus where VOSH/ International held its annual meeting in October 2021. The theme was “Building Resilience and Embracing Change,” which emphasized the goals of sustainability, targeting children’s vision, navigating how the COVID pandemic has increased the commitment and resolve to provide better patient care, and creating affordable, accessible resources.

Dr. Michael Ciszek was new in his role of VOSH/ International President at the meeting and was grateful ICO agreed to host the event, “We held a hybrid meeting, given the ongoing nature of COVID,



Oaxaca 2015



Puerto Vallarta 2007



Guatemala 2012

I would challenge every ICO alum to support VOSH/SVOSH and think about how you can do humanitarian work in your own community to help those around you.

Tracy Matchinski, OD '95

and Chicago seemed like a central location for anyone traveling, but more importantly, I knew ICO would be accommodating, supportive, and welcoming. We wanted to generate international attendance and needed some sophisticated IT to do that. ICO's IT Department has known capabilities and did an excellent job with the event."

Many of those who attended the annual meeting virtually were international optometry students from Peru, Colombia, and Mexico. The VOSH mission of sustainability is apparent not just in its infrastructure and partnerships with local organizations, but also in its efforts to recruit and support students. It is this cycle that ensures the sustainability of both the organization and its good works.

As Dr. Rosenbloom recruited and mentored Dr. Matchinski all those years ago, she is now mentoring Alex Pitts, who himself has said that coming to the awareness of service at this stage in his career will inform him moving forward. He wants to do the same for others as well. Pitts refers to it as "the bug" and he's got it.

Dr. Matchinski wants others to get that bug, too. "I would challenge every ICO alum to support VOSH/SVOSH and think about how you can do humanitarian work in your own community to help those around you. I have diagnosed and educated people locally with glaucoma and diabetic retinopathy, and prescribed

glasses to make it easier to work or go to school. I watched a man in Ecuador carry his 18-year-old son with cerebral palsy in his arms into the clinic for his first pair of +9.00 glasses. There was another man who walked down a mountainside in Peru to the clinic. He had never had an eye exam and could not see ten inches past his arm. He left with a -13.00 prescription and new glasses. It was relatively simple for me to help him, but life changing for him. There is a chain or domino effect that happens when you help, and it can happen wherever you are. You can donate money or retired equipment, host your own clinic, inspire students, speak to a group of seniors, or provide diabetes education via Zoom. We have knowledge that benefits others and never forget that our knowledge changes lives."

Get involved!

1. Join your state VOSH chapter. Look it up at vosh.org.
2. Look at VOSH/International to join a committee.
3. Donate money or equipment to your state VOSH chapter.
4. Involve SVOSH students on domestic or international clinic efforts.

Trending



June 10

Class of 2021: Lookback. We wanted to give one final goodbye to the class of 2021! We can't wait to see what the future brings!



July 14

A great spot to visit as the rain and fog clear up is the Nature Boardwalk at the Lincoln Park Zoo. Here's @lensofmeyelife (OD '24) enjoying the sunny diamond views



August 3

On May 13th, **Lester Efanayi, OD '21** and **Jeff Villena, OD '21** unveiled a mural they developed in collaboration with artist Christopher Donley. Jeff and Lester along with students Lydie Tubene, Alexis Abernathy, and Randi-Jo Francis describe what the impact of this mural might be on ICO, the Bronzeville community, and on future Black students and students of color.



July 8

Last night, ICO bid our 2020-2021 residents a bittersweet farewell. These talented doctors came into their own clinically in the midst of the pandemic. Working together, we think they have achieved something very special. Congratulations! We wish you the best of luck @ico_residency!

Photos from @thohbati and @meganqb



August 5

Tomorrow our SVOSH team heads to St. Lucia for the very first mission trip in quite a long time! We wish them all the best of luck.

Stay tuned as they'll be taking over our Instagram in the coming days as well!



August 9

It's finally here! This week the future class of 2025 arrives on campus and will take the first step of this exciting 4-year journey. The years will fly by, life-long relationships will be made, and lives will be transformed in a very short time.

We've collected a couple words of advice from our staff and faculty that we think you should keep in mind before you start.

ICO, let's welcome the class of 2025!!!





August 12

Just sending out a few quick #icosnapshots of the Class of 2025 on their first day of orientation. Today they received a welcome from administrators as well as taking tours of campus!



September 2

Here at ICO we are always busy!

Just before we welcomed our newest class, held ICO Olympics AND white coat, our cornea department hosted the 2021 GPLI Cornea and Contact Lens Resident Symposium.



We hosted 39 residents and over 20 CLMA Ambassadors. There were so many individuals involved who provided great education and made our guests feel welcomed.

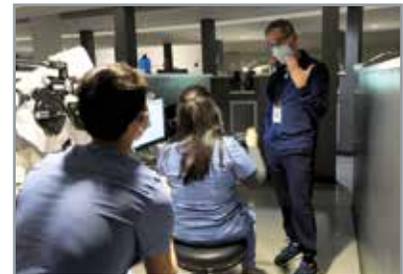
It's been a busy month, but we couldn't let this one go without thanking everyone who participated and thanking our wonderful Cornea and Contact Lens faculty and staff for helping put together this event!



October 5

We wanted to take a moment to celebrate our wonderful professors on World Teacher's Day! Be sure to thank one of your mentors and educators today.

ICO faculty, thank you for all that you do.



November 2

Tomorrow we're having a very special takeover! With optometry schools around the nation heading to this year's American Academy of Optometry, we wanted to take the opportunity to highlight ICO students at the AAO as well! Alek won a travel grant to attend AAO, and we asked him to show us around. Be sure to check out **Alek Karthikeyan**, a third year at ICO's, takeover tomorrow. Stay tuned for the Q&A as well!



November 19

Coming to you live from ICO, we have another takeover!

Karli Clark is a 1st year from Kentucky who some of you might recognize if you interviewed at ICO this year- she helps out in the admissions office and is a full-time optometry student.

She also has her own Instagram account with tons of great information about what Life at ICO is like. Don't forget to give her a follow after her takeover! @eye_karli_



Interview with: Nora Matland

with

Jennifer Harthan, OD '06



**Professor of Optometry;
Chief, Cornea Center for Clinical Excellence**

Few areas of optometry are growing as quickly as the field of Cornea and Contact Lenses. This is, in part, because of the rise of corneal diseases, but also because of the rapid advances in treatments over the past decade. The service that Dr. Jennifer Harthan and the Cornea and Contact Lens team provides is essential to their patients ability to see. Below she discusses advances in research and the importance of contact lenses as medical devices.

What made you interested in Cornea and Contact Lenses?

I always knew I wanted to do a residency. It came down to pursuing pediatrics or contact lenses.

During my fourth-year rotations, I began to understand the impact contact lenses can have. When you treat someone who can't see anything because of a corneal disease, when you provide them with a lens developed specifically for them, and they have that moment, that "wow" moment, and they are either speechless or they start crying — there's absolutely nothing like it for me. To have had that experience both as a student and then again as a resident, that solidified my commitment to Cornea and Contact Lenses.

What excites you most about optometry and your specific field in optometry?

There are so many procedures and treatments that we have access to today that were not possible even just a couple of years ago. We can map out the entire shape of the cornea and sclera. We have fitting software that can customize a lens to fit our patient's ocular surface perfectly. We are seeing an increase in the amount of myopia management treatment options. It's an exciting time to be in Cornea and Contact Lenses.

There is a strong collaboration between practitioners and industry leaders to advance these treatments for the essential well-being of our patients. We work together to advance our research. Because of our commitment, we have a much better understanding of myopia management, ocular surface disease, and specialty contact lenses.

What is one thing most people don't know about your specific field in optometry?

Contact lenses do so much more than correct someone's vision. They are medical devices. They are utilized to optimize health, and treat disease. We also need to recognize that the use of medical devices can lead to complications if not managed properly.

However, in many cases, a specialty contact lens is the best option for patients. Lenses can delay surgery. Lenses won't cure these patients, but they can mitigate symptoms and can improve the quality of life for patients.

What has changed since your time at ICO and what has remained the same?

We are doing more co-management with corneal ophthalmologists. We are fortunate to have strong relationships with University of Chicago, University of Illinois Chicago, and Illinois Masonic. They are supportive of optometry, and it has been a great collaboration for everyone. We prioritize the wellbeing of the patient and collaboratively figure out the best treatment for the patient. The technology advancements and types of contact lenses that we are able to fit have also changed. We have more lens options than ever before.

We have built a strong patient base because of our referrals. We commit to giving our patients the best care possible, and in turn, we provide excellent clinical exposure to our students. There are few optometry schools that will provide such a huge array of patient cases as we do here in the IEI. That has remained the same and is still what makes ICO unique.



The quality and excellence in education and our commitment to the Bronzeville community has also remained the same. We prepare students to be well-rounded clinicians.

What is one thing you would like incoming optometry students to know about the profession?

It's important to be a lifelong learner and to continue to help move the profession forward and to advocate for patients. What you put into this profession is what you will get out of it.

Cornea and contact lenses will be an important part of the curriculum. In fact, because of how many patients we see in the clinic, students have classes much earlier. Previously students didn't have a rotation with us in their third year, now there is an entire quarter dedicated to contact lenses. The rotation might just be an introductory glimpse, but it demonstrates how important cornea and contact lenses are. In fact, we've expanded so much that we had to move spaces!

I also want students to know what a collaborative profession they are joining. The amazing colleagues that I collaborate with at ICO and externally continue to inspire me and make me want to be a better clinician, researcher and educator everyday. The cornea and contact lens community is a passionate group, and we are constantly trying to propel the field forward to determine how to best treat our patients.

The man behind the newly named **Wesley Foundation** Research Center



By: Natalie Bobrowska

Do you wear comfortable contact lenses for long periods of time? Dr. Newton K. Wesley is one of the people to thank for that innovation. The Monroe College of Optometry (now Illinois College of Optometry) faculty member, Dr. Wesley, is considered a pioneer in the contact lens industry. He became one of the leading developers and manufacturers of comfortable contact lenses. Without his dedication, struggle, and creativity, the modern contact lens that we know today would not exist in the same way. Before optometry schools had courses in contact lenses, Dr. Wesley trained doctors in the art and science of fitting contacts to their patients. Thousands of doctors were grateful to him for giving them this specialty practice.

Dr. Wesley was born in Westport, Oregon to Japanese-immigrant parents in 1917. He excelled in high school and graduated early at age 16. From there, he enrolled at the North Pacific College of Optometry

in Portland, Oregon. By the time he was 22 years old, he had opened his first optometry practice in Portland and began to practice at his alma mater after his former teacher, Dr. Harry Lee Fording, sold him the practice for \$5,000. However, as World War II escalated, so did the dislike and fear of Japanese immigrants. In 1942, only a short year after he married the late Cecilia Sasaki Wesley, Dr. Wesley and his family were initially incarcerated at the Portland Assembly Center. He spent three months at the Center and then gained his freedom to further his education at Earlham College while his family was sent to the Minidoka War Relocation Center in Idaho by Executive Order 9066. Despite this, Dr. Wesley would practice under his former name, Uyesugi, in the Japanese community later on in his practice. He was later given permission to leave the internment camp, although without his family, only under the agreement that he relocate to the Midwest.



Eye Drops given to Dr. Wesley by professor Sato of Tokyo, Japan 1957.

While at Earlham College in Richmond, Indiana, he anglicized his name from Uyesugi to Wesley for fear of further persecution. He later settled in Chicago.

When his family was released from the Japanese internment camp at the end of World War II, they joined him in Uptown. It was in a basement in Uptown where Dr. Wesley would find a solution to his own vision problems: smaller, thinner, and longer-wearing contact lenses. The optometrist himself had worn glasses since the age of nine and began suffering from bilateral keratoconus as a senior in college. He had been told by experts that he would likely lose his sight altogether.

Dr. Wesley was fitted with contact lenses at the advice of a Chicago ophthalmologist. This helped his vision considerably, as well as slowed the progress of his keratoconus. However, the contact lenses that were available in the 1940s were not suitable to be worn for long periods of time. While living in Chicago, Dr. Newton Wesley became an instructor at the Monroe College of Optometry (now ICO) in 1944. In 1945, he met a student, George Jessen, with whom he would pioneer a new type of contact lens.

Dr. Wesley and George Jessen partnered and began to research and develop a new type of contact lens that was more comfortable when worn for long periods of time. After six years of research, they developed plastic lenses; better-known as rigid contact lenses, which fit over the cornea and not on the sclera (unlike previous lenses). This new type of contact lens saved Dr. Wesley's own vision from further deterioration.

With this new invention, Dr. Wesley and Jessen took it to market by opening their own company titled 'Plastic Contact Lens Company,' which later became 'Wesley-Jessen Inc.' The company began to manufacture and distribute the new and more comfortable lens after a dynamic marketing campaign to convince the public that the lens was safe to place in the eye. Dr. Wesley toured the country and addressed audiences via the television to promote the lenses. Audiences remembered Dr. Wesley for his bushy sideburns and contact lens-wearing rabbit model, Leo. In the 1950s, Dr. Wesley even campaigned to get the words "contact lens" into the dictionary.

Dr. Newton K. (Uyesugi) Wesley is remembered as a pioneer of contact lenses, spirited entrepreneur, and pseudo-celebrity marketer. He died on July 21, 2011 at the age of 93.

Since the passing of Dr. Wesley, his children, namely Lee Wesley, Lee Wesley's wife Vicki Granacki, and Roy Wesley, founded the Dr. Newton K. Wesley Foundation Fund (NKWF). The Dr. Newton K. Wesley Foundation is dedicated to eye research and preserving the legacy of their father. In 2016, the NKWF agreed to support a new research project at Illinois College of Optometry. ICO will be researching orthokeratology, a topic that Dr. Wesley himself was interested in. The Foundation



Artist's rendering of the entrance and interior of the Newton K. Wesley Research Center, provided by Jessen and Halstead.



Dr. Wesley's personal belongings are now on display at the ICO Library for visitors to see.

also donated a collection of Dr. Wesley's personal belongings, which are now on display at the ICO Library. The collection includes experimental lenses created by Wesley-Jessen Inc., Japanese contact lens cases and eye drops, a personalized retinoscope and ophthalmoscope embossed with the name 'Newton K. Wesley OD'. For those who cannot make it to ICO's campus we wanted to include a few of the many fascinating objects the foundation donated. We kindly thank the Newton K. Wesley Foundation for their generous donation.

Class Notes

1950s

1959

Tony Chan was inducted into the National Optometry Hall of Fame by the AOA.

.....

1970s

1977

Mary Lou French was presented the 2021 Optometrist of the Year Award by the Illinois Optometric Association

.....

1980s

1980

Robert Conway has published a children's book, *The Floating Rock*, now available on Amazon as paperback or Kindle.

1982

Leonid Skorin, Jr. has published his fifth medical textbook, *"The Ophthalmic Laser Handbook"*. It was released in 2021 by Wolters-Kluwer. Dr. Skorin is the book's co-editor, co-section reviewer, and author of a chapter on Endoscopic Cyclophotocoagulation Glaucoma Laser.

.....

2000s

2000

Heather Ford is pleased to announce the publication of her book, *CancerKid Grown: The Battle of Long-Term Childhood Cancer Survivorship*. It is available on Amazon. She is one of the first known survivors of rhabdomyosarcoma. First diagnosed as an infant, the book follows the journey and challenges she and other cancer survivors have faced from the long term and late

effects of cancer treatment. While research-based, it is written for the general public: long term childhood cancer survivors trying to identify and understand their bizarre litany of symptoms and for younger survivors entering adulthood as well as parents, friends and other family members of pediatric cancer patients to understand what lies ahead and how to plan for their future battles as survivors. It is also written for the medical professionals, including optometrists, that care for them, to understand how late effects manifest themselves over the long term.

2003

Pavan Avinashi received British Columbia's Doctors of Optometry - Optometrist of the Year Award.

.....

Got alumni news? Please share.

ONLINE:

icomatters.ico.edu/submit-a-class-note



CONTACT

Alumni Development
alumni@ico.edu



Books by **Robert Conway, OD '80**, **Heather Ford, OD '00** and **Leonid Skorin, Jr, OD '82** can be found on Amazon.com or wherever books are sold.

In Memoriam

1940s

1945

Harold E. Davis (NICO) Oak Lawn, Ill., Sept 1. In 2020 he retired from the same office he founded over 75 years ago, Davis EyeCare. He was one of the first to build a specialty contact lens practice in the US. He leaves behind not only a strong legacy in terms of those he mentored, but also within his own family, having a son and grandchildren who also practice optometry. He spent his entire career as a practitioner, researcher, lecturer, clinician, and author. His achievements in these areas garnered him numerous awards including the Lifetime Service Award from ICO in 2007. He was past president of the International Society of Contact Lens Specialists, awarded the achievement award from the American Optometric Association Contact Lens & Cornea Section, and the Distinguished Practitioner recognition from the National Academies of Practice.

1950s

1950

John B. Weaver (NICO) Shenandoah, Iowa, May 25. He served as a pilot in the Army Air Corp, flying B-24 bombers in the European Theater. He established his practice in Southwest Iowa serving his patients until his retirement and served on several community boards until his passing.

1950.

Morton A. Ford (NICO) Chicago, Ill., July 26. He served in the U.S. Navy during WWII as a corpsman stationed in San Diego. Following optometry school, he went to school for hypnosis and incorporated this training into his practice which garnered attention from Dr. Newton Wesley. He traveled the country for Wesley Jessen instructing optometrists about fitting rigid and soft contact lenses and assisting with their difficult patients. He practiced in Chicago and the surrounding area for over 50 years before retiring in his early 80's.

1957

Harry H. Bliss, Jr. (ICO) Gig Harbor, Wash., June 3. He opened his own practice in 1957 and enjoyed serving the community's optometry needs for 40 years. He was devoted to his community and

served in the Ionia Rotary Club and as president of the Ionia Community Theater for several years. His love of golf, music, theater and hunting was well-known in his large circle of friends.

1960s

1962

Lou Katz (ICO) San Diego, Calif., July 28.

1966

Edmund Arthur Schneider, Jr. (ICO) Lincoln Neb., May 2. Following graduation, he served two years in the United States Air Force and was assigned to Goodfellow AFB in San Angelo, Texas. In 1968 he began his optometry practice at the Lincoln Vision Clinic and for many years also worked from the Saunders County Clinic in Wahoo. He served as president of the Nebraska Optometric Association, served on both Regional Medicaid and Medicare Advisory Boards, Chaired the Lincoln/Lancaster County Board of Health, Chaired the National Association of Local Boards of Health and when semi-retired served as third party consultant for the NOA and was currently past chair and member of One Health Nebraska ACO. He was especially proud of helping to pass the Lincoln smoke-free workplace ordinance.

1970s

1976

Leonard B. Hardesty (ICO) Downers Grove Ill., Oct 8. He practiced in Downers Grove and other suburban locations for 45 years.

1980s

1982

Ken Leadingham (ICO) Roswell, N.M., July 18. He returned to Roswell to join the family practice, Leadingham Vision Center immediately following graduation. He was a past president of New Mexico Optometric Association, member of the Elks Club, and past member of Masonic Lodge No. 18.

Vault

VOSH and SVOSH have been around since the 70s. Needless to say, they have done a lot of good in the last 50 years! Here's a look back at a few past trips.



Datebook

**WINTER
BREAK**
DEC 20 - JAN 2

DECEMBER

December 20 – January 2
Winter Break

2022

JANUARY

January 17
Martin Luther King, Jr. Day
College/Clinic Closed

FEBRUARY

February 26
Winter Quarter Ends

February 28
First Day of Spring Quarter

MARCH

March 11 – 15
NBEO Part 1

APRIL

April 5
NBEO Part 2

April 15 – 17
Spring Break

NOTE: This calendar is subject to change based on the evolving COVID-19 pandemic.

MAY

May 7 – 14
Final Exams

May 16 - 21
Break Week

May 21
Commencement

May 23
Summer Quarter Begins

May 29 - 31
Memorial Day Holiday



Illinois College of Optometry

3241 S. Michigan Ave.
Chicago, IL 60616

Change Service Requested

If you do not wish to continue to receive this magazine, or you are receiving more than one copy, please contact us at (312) 949-7080 or alumni@ico.edu.

icomatters.ico.edu

www.ico.edu

Last Look



The faces have changed, but the address remains the same. While digging through our photos, we found this gem. 3241 South Michigan Avenue continues to be our address all these years later.